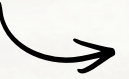


FLIP



Orléans in the Spotlight!

Orléans is more than a neighbourhood. It's home. The people on this card show up for it every day. Keep this card somewhere safe.


PEDIATRIC SLEEP CONSULTING

Tired of sleepless nights?

START IMPROVING YOUR CHILD'S SLEEP TODAY

WITH A FREE 15 MINUTE CONSULTATION



 GENTLE, RESPONSIVE SLEEP SOLUTIONS

 PERSONALIZED SLEEP PLAN & GUIDANCE

 FOR NEWBORNS, BABIES & TODDLERS

CALL, EMAIL, OR VISIT OUR WEBSITE TO BOOK YOUR CONSULTATION TODAY!

 519-819-6983

 krista@harmonyofdreams.com

 harmonyofdreams.com


HVAC/R SOLUTIONS

HVAC SYSTEMS INSTALLED

STARTING AT

\$65.99 /MONTH

 NO UPFRONT COST. LEASE-TO-OWN. NO FINE PRINT.

 FURNACE INSTALLATIONS STARTING AT **\$65.99** /MONTH

 AC INSTALLATIONS STARTING AT **\$65.99** /MONTH

 HEAT PUMP INSTALLATIONS STARTING AT **\$71.99** /MONTH

 **FREE \$250 GIFT CARD** WITH EACH INSTALLATION!

OR  **FREE IPAD** WITH EACH INSTALLATION!

CALL NOW TO BOOK YOUR **FREE, NO PRESSURE, IN-HOME HVAC ASSESSMENT!**

 **613-261-6081**

 COSENZOMECHANICAL.COM

EVERYTHING FEELS LIKE TOO MUCH RIGHT NOW?

OLD WOUNDS THAT WON'T STAY IN THE PAST

WORK STRESS THAT FOLLOWS YOU HOME

RELATIONSHIP STRAINS

PARENTING OVERWHELM

LIVING WITH CHRONIC PAIN OR ILLNESS

 RENEW RESILIENCE COUNSELLING

COUNSELLING FOR TEENS, ADULTS & COUPLES

IN-PERSON ORLEANS
VIRTUAL ACROSS ONTARIO

CONVENIENTLY LOCATED AT 2543 ST JOSEPH BLVD

LANGUAGES AVAILABLE:
ENGLISH, FRENCH & PUNJABI

DIRECT BILLING & LOW COST OPTIONS AVAILABLE

SCAN TO BOOK A FREE 15-MIN CONSULT CALL



RENEWRESILIENCE.CA

START DRIVING SCHOOL 

ORLÉANS EXCLUSIVE:

15% OFF

MTO-APPROVED BDE COURSE

START WITH ONLY \$40!

 MTO-APPROVED BDE COURSE

 PROFESSIONAL IN-CAR TRAINING

 SAFE & CONFIDENT DRIVING FOCUS

 HELPING NEW DRIVERS PASS THEIR ROAD TEST

USE PROMO CODE **ORLEANS15**

 **CALL NOW OR BOOK TODAY!**

(613) 790-5676

 startdrivingschool.ca/online-bde-course

 startdrivingschool07@gmail.com

10% OFF
USE CODE: ORLEANS
QUALITY WORK. BUILT TO LAST.

✓ BRICK & STONE
✓ CEMENT • PAVING
✓ STEPS • RETAINING WALLS
✓ INTERLOCK • FOUNDATION
✓ CUSTOM PROJECTS

SCHEDULE YOUR
FREE QUOTE TODAY!
CALL US NOW! → 613-304-7172

VISIT THE WEBSITE


www.helpinghandmasonry.com | info@helpinghandmasonry.com

RIVER OAKS INTERIORS

DESIGN. RENOVATE. TRANSFORM.

✓ KITCHEN RENOVATIONS
✓ BATHROOM RENOVATIONS
✓ BASEMENT FINISHING
✓ CUSTOM CABINETRY
✓ DESIGN & PLANNING
✓ ROOM ADDITIONS
✓ FULL HOME RENOVATIONS
✓ PROJECT MANAGEMENT

SCAN THE QR CODE
FOR A FREE ESTIMATE

613-890-6643 | riveroaksinteriors.com

GARAGE RESET
CLEAN. ORGANIZED. RESET.

RECLAIM YOUR GARAGE

WHAT'S INCLUDED
GARAGE CLEANOUT
SORT, ORGANIZE & LABEL
LIGHT HAULING INCLUDED
GARBAGE BIN DEEP CLEAN

\$653
YOU SAVE \$327
\$980 TOTAL VALUE

SCAN ME FOR PHOTOS


613-261-5631
ottgaragereset@gmail.com

INSULATION WIZARDS

BETTER INSULATION.
LOWER BILLS.
MORE COMFORT.

✓ LOWER ENERGY BILLS
✓ IMPROVED COMFORT YEAR-ROUND
✓ ECO-FRIENDLY SOLUTIONS

15% OFF
FOR THE MONTH OF JUNE!

GET YOUR **FREE** ESTIMATE TODAY!
CALL US: 613-890-4015
EMAIL US: insulationwizards@gmail.com
VISIT US ONLINE: InsulationWizards.ca

RLB Landscaping & Lawn Care Services

✓ Weekly & Bi-Weekly Grass Cutting
✓ Aeration & Dethatching
✓ Spring & Fall Cleanups
✓ Hedge & Shrub Trimming
✓ Window Cleaning

SAVE \$25
ON ADD-ONS!

Serving Orléans, Blackburn Hamlet & Ottawa East

Call for a **FREE ESTIMATE!**
www.ydbk.co/134859
Text: 819-918-4600

APPLIANCE MAESTRO
PROUDLY SERVING ORLÉANS

APPLIANCE REPAIR
You Can Trust!

USE PROMO CODE
P1-K1C
TO GET
20% OFF
ON LABOUR FEES

WE REPAIR ALL MAJOR APPLIANCES

REFRIGERATOR REPAIR	WASHER & DRYER REPAIR	DISHWASHER REPAIR
STOVE & OVEN REPAIR	APPLIANCE INSTALLATION	COMMERCIAL APPLIANCE REPAIR

CALL US NOW! → 613-452-2452

The Massage & Treatment Clinic

REDUCE PAIN, INCREASE MOBILITY
AND IMPROVE QUALITY OF LIFE

REGISTERED MASSAGE THERAPY
CHIROPRACTIC
OSTEOPATHY
HOLISTIC NUTRITION
TRADITIONAL CHINESE MEDICINE
ACUPUNCTURE

EXPERIENCED WORKING WITH VETERANS
AND DIRECT BILLING FOR BLUE CROSS

BOOK ONLINE TODAY!
massageandtreatmentclinic.com
613-837-2740

massageandtreatmentclinic@bellnet.ca | 1224 Place D'Orléans Dr, unit 110 Orléans, ON K1B 3G9

MR. GIG

PAINTING & REPAIRS
FREE QUOTE & NO DEPOSITS

✓ Interior & Exterior Painting
✓ Drywall & Stipple Repairs
✓ Kitchen & Cupboards Re-Paint & Installations
✓ Flooring & Baseboards
✓ Wallpaper Removal
✓ Deck Staining
✓ Pressure Washing

BEFORE
AFTER

CALL OR EMAIL TODAY!
613 620 5152
Mr.GigOttawa@gmail.com
www.MrGig.ca

ENDEVONT INC.
Design | Build | Renovate

ROOF LEAK?
LET'S STOP IT BEFORE IT GETS EXPENSIVE.

COMMON REPAIRS

ROOF LEAKS & WATER ENTRY	MISSING / BLOWN-OFF SHINGLES
FLASHING & CHIMNEY LEAKS	SKYLIGHT LEAKS
VENT & PIPE SEALING	ICE DAM & WINTER DAMAGE

SHINGLE ROOFS, FLAT ROOFS & METAL ROOFING

CALL OR TEXT NOW
613-791-5509
Text a photo of the issue for a quick response.
Endevont.com | joshua@endevont.com

Ottawa Bin Services

JUNK REMOVAL & DUMP TRAILER RENTAL

15% OFF
CODE: ORLEANS

FULL-SERVICE JUNK REMOVAL
WE LOAD • YOU RELAX • FAST & HASSLE-FREE

DUMP TRAILER RENTAL
PICK UP & LOAD YOURSELF • COST-EFFECTIVE • CONVENIENT

+1 613-327-8216
contact@deesconstructioninc.ca
ottawabinservices.ca
SERVING ORLÉANS & SURROUNDING AREAS